

November 20, 2019

Strengthening  
Chicago's  
Youth



## Letter from the Communications and Community Outreach Manager

Greetings!,

As SCY continues its work supporting violence prevention and marginalized communities, today marks the 20th year of the Transgender Day of Remembrance. It is an annual observance to honor those whose lives have been lost in acts of anti-transgender violence. Overwhelmingly, transgender women of color are targeted and marginalized in our society. SCY takes this day of remembrance to reaffirm our support of Chicago's trans community. We encourage you to learn more about this day by visiting [here](#).

In Peace,

Dion McGill  
Communications and Community Outreach Manager  
Strengthening Chicago's Youth  
Injury Prevention and Research Center  
Ann & Robert H. Lurie Children's Hospital of Chicago

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## FEATURED ARTICLE: NEW SCY WEBSITE

### Launch Date Set

Strengthening Chicago's Youth is extremely excited to announce the unveiling of our new web domain. No worries if you have our current site bookmarked, the address will not change. The new website will be integrated with social media, calendar, and blog - making it a fully immersive domain for all things SCY. In the two days leading up to the launch, the website will be shut down for the migration of information.

### Official Launch Date

Monday, November 25, 2019



[WEBSITE](#)

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## MIND MATTERS

### Mental Health Strategies for Reaching Youth

Join [The Kennedy Forum](#) for a Mind Matters discussion. Mental health conditions are common among teens and young adults; 50% of all lifetime mental illnesses develop by age 14 and 75% develop by age 24. However, as a community, we need to make improvements in how we reach and engage these individuals. Mind Matters will feature innovative programs in the field of youth mental health for a panel discussion on the challenges youth face and the resources being utilized to improve their overall mental well-being.



Thursday, November 21, 2019  
8:00 am - 9:30 am  
Chicago Cut Steakhouse  
300 North LaSalle Drive  
Chicago, IL 60654

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## REGISTER NOW FOR THE 10TH ANNUAL ABC CONFERENCE

### Building Capacity to Care for Children and Families

The 10th Annual ABC Conference will provide education on a variety of topics with the goal of Building Capacity to Care for Children and Families with Special Needs. Topic include literacy, structural racism and complex trauma, and policy research.

Friday, November 22, 2019  
7:15 am - 4:00 pm  
Moraine Valley Business and Conference Center  
9000 College Parkway  
Palos Hills, IL 60465



Promoting Interprofessional  
Support of Children, Families,  
and Communities.

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## CALLING ALL ILLINOIS SCHOOL HEALTH CHAMPIONS!

### Raise Your Voice for Student Health and Wellness

As a school health champion, you can advocate for expanded school health services and ensure all students have access to quality physical, behavioral and mental health services each day in school, allowing them to be present, focused and ready to learn. There is currently an opportunity for Illinois to take advantage of a change in federal Medicaid policy that will allow the state to improve healthcare access and chronic disease management for thousands of low-income children across the state. This includes additional funding for critical school health staff, including school nurses, social workers and counselors.

#### Deadline to Submit Testimony

Friday, November 22, 2019

**HEALTHY SCHOOLS  
CAMPAIGN**

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## WEBINAR

### Digital Tools for Moving Beyond Trauma and PTSD

Trauma and PTSD is a new digital behavioral health focus area offered by [myStrength](#). The program helps normalize and validate thoughts, feelings and experiences---including what can be done to manage discomfort and distress---and provides actionable coping skills and insights to manage daily symptoms. This new focus area is an excellent resource to support trauma-informed care, providing stories of hope and solutions that offer a unique lens to understanding traumas and behaviors.

Wednesday, December 4, 2019

12:00 pm

Online



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## BEYOND THE BASICS

### Facilitation Mindsets and Practices for Community Systems Development

Join Chris Foster from [Foster What Matters, Inc.](#) and the [Illinois Action for Children](#) CS3 team for this upcoming training opportunity. The complex nature of leading community systems development efforts requires an expanded repertoire of leadership, facilitation, and system thinking capacities. In this workshop, attendees will strengthen abilities to convene meetings that deepen engagement, foster shared engagement, and generate aligned collective action.

Tuesday, December 3, 2019

9:00 am - 3:00 pm

Metropolitan Family Services

222 East Willow Ave

Wheaton, IL 60187



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## COMMUNICATIONS FOR NONPROFITS

### Building a Communications Plan

Colleagues, board members and bosses often believe that if we could just tell the whole world our story, we'd raise more money, get more done and make the world a better place. Of course, it's not that simple. In this training, attendees will learn a practical set of tools needed to clarify communications goals, target key audiences, and develop messages on social and traditional media. Join [Community Programs Accelerator](#) for this interactive training led by [Public Narrative](#).

Saturday, December 7, 2019  
10:00 am - 1:00 pm  
Community Programs Accelerator  
5225 S. Cottage Grove Avenue  
Chicago, IL 60615



[LEARN MORE](#)

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## TRAUMA-INFORMED APPROACHES LEARNING COMMUNITIES

### You Know What Trauma Is, But What Can You Do About It?

The [National Council](#)'s Trauma-Informed, Resilience-Oriented Approaches Learning Community is a year-long initiative that connects organizations with trauma experts and peer organizations. With two in-person summits, a series of coaching calls, webinars and a listserv of peers and experts at their fingertips, participants develop the resources that respond to their needs and the needs of their communities. Participants not only increase awareness of trauma's impact throughout their organization, they acquire actionable information from experts on the real-world benefits of trauma-informed approaches.

#### Applications Deadline

Wednesday, December 11, 2019  
11:59 pm (EST)  
Online



[LEARN MORE](#)

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## **NORTHWESTERN UNIVERSITY & CPS STUDENT HEALTH LEADERS PROGRAM**

### **& Research Study**

Join researchers for four Saturday half-day workshops on Northwestern's medical campus in downtown Chicago and all CPS high school students with a passion for community health, research and/or medical careers are highly encouraged. During these workshops, students will have the opportunity to learn about the health conditions and issues that impact their communities, hear from various medical and community professionals in the field, and work with other students from all over the city to create interventions to raise awareness and improve health outcomes in their schools.



[LEARN MORE](#)

## **WTTW'S NEW INITIATIVE**

### **Firsthand: Gun Violence**

Follow the lives of five Chicagoans who have survived gun violence and are fighting back in *Firsthand: Gun Violence*, a new initiative from [WTTW](#). You will meet a grieving mother who has dedicated her life to helping her fellow survivors, an outreach worker trying to stop violence after spending twenty two years in prison, and learn other personal stories about gun violence told through the voices of Chicagoans who live it.

[LEARN MORE](#)

## **NEWSLETTER CONTENT**

To have an event or article included in SCY's bi-monthly update, email Operations Coordinator [Kirstin Grabski](#).



STAY CONNECTED:



Ann & Robert H. Lurie Children's Hospital of Chicago,  
225 E. Chicago Ave., Chicago, IL 60611

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Sent by [scy@luriechildrens.org](mailto:scy@luriechildrens.org) in collaboration with



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