

April 1, 2020

Strengthening
Chicago's
Youth



Letter from the Interim Executive Director

Greetings!,

Much of our everyday world has changed significantly over the course of the last two weeks. Although it may be challenging, one of the most powerful outcomes is the growth of collaboration between sectors and organizations. It has produced many resource lists providing updated information on ways to support oneself and others. We encourage partners to utilize these **tools** and share out, continuing the work and mission of helping others.

Sincerely,

Leslie Helmcamp
Interim Executive Director
Strengthening Chicago's Youth
Injury Prevention and Research Center
Ann & Robert H. Lurie Children's Hospital of Chicago

BLOG HIGHLIGHT

Now is the Time

Now is the time to social distance and help flatten the curve. Recently SCY Communications and Community Outreach Manager Dion McGill, published a blog about what it truly means and how it can help. It is absolutely essential to slowing the spread.

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HOW TO STAY SANE AND HEALTHY IN A REMOTE WORLD

Feeling Restless Sheltering at Home? Anxious about the Future?

Join [Culture of Safety, LLC](#) and discover how to feel safer, stronger, and more in control through this interactive online workshop. Be safe and feel connected online and in the home. Get what you need while getting along (even in times of stress and uncertainty). Reduce stress and practice self-care with limited physical space.



Saturday, April 4, 2020
2:00 pm - 3:00 pm
Online

[LEARN MORE](#)

THE 2020 CENSUS

How Social Service Organizations Can DIGITALLY "Get Out the Count"

In this webinar, [The Chicago Urban League](#) invites individuals representing diverse social service organizations to join us as we identify different outreach practices suitable for different organizational capacities. Given the circumstances surrounding COVID-19 this webinar will also guide attendees to different digital resources for use with target audiences.

Wednesday, April 15, 2020
11:00 am
Online



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NEED FOOD?

Greater Chicago Food Depository

The [Greater Chicago Food Depository](#) can help. Anyone in need of emergency or supplemental food assistance in Cook County is eligible. Find a Food Depository member agency in your neighborhood online via the Agency Locator.



[LEARN MORE](#)

SUPPORT CHICAGOANS SERVING ON THE FRONTLINE!

Chicago First Responders Need YOU

While first responders, healthcare professionals, and other essential personnel work on the frontlines during the fight against the spread of COVID-19, their families are in dire need of child care during this unprecedented time. You can help by volunteering to provide child care for the family of one of these workers keeping our city going through [Sittercity's](#) "Chicago Responds" program. Launched in partnership with the City of Chicago, the "Chicago Responds" program will connect members of the public and public-sector employees like yourselves with first responders who are looking for volunteers to provide sitter services in their homes.

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VOICES OF CHILD HEALTH IN CHICAGO REPORT

Child Health Status in Chicago

In this [Voices of Child Health in Chicago](#) report, they explore child health and how it is associated with factors at the family level such as parent health, household income, and race and ethnicity, and with factors at the neighborhood level such as local park use and perceptions of neighborhood safety. Some of the highlights include the following: nineteen percent of Chicago parents reported having at least one child in worse health; children who had a parent who currently smoked cigarettes were nearly twice as likely to be in worse health than children whose parents never smoked; there were health disparities for children based on income, race and ethnicity, and neighborhood factors.



Voices of Child Health in Chicago

[LEARN MORE](#)

COVID-19 AND RACIAL EQUITY

Special Update

The coronavirus pandemic and resulting COVID-19 illnesses have caused tremendous upheaval and crisis across the United States and the world. As everyone embraces social distancing and other essential tactics to limit the spread of the virus, equity and justice work is more relevant than ever. [Racial Equity Tools'](#) resources in the new COVID-19 Racial Equity



RACIAL EQUITY TOOLS

& Social Justice list include information that they hope will help communities to understand and respond to the moment.

[LEARN MORE](#)

TELEPSYCHOLOGY BEST PRACTICE 101 SERIES

Virtual

This [American Psychological Association](#) series is an introduction to the ins and outs of real-world telepsychology. Each 2-hour webinar details the competencies needed for telepractice, including critical ethical, legal, clinical, and technical issues, together with reimbursement strategies. The series discusses practical ways to leverage a variety of technologies with a focus on video conferencing.



AMERICAN
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NEWSLETTER CONTENT

To have an event or article included in SCY's bi-monthly update, email Operations Coordinator [Kirstin Grabski](#).



STAY CONNECTED:



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