

May 6, 2020

Strengthening  
Chicago's  
Youth



## Letter from the Interim Executive Director

Greetings!,

As Illinois moves toward reopening in phases, SCY would like to learn more from our partners about emerging needs as we all adjust to taking new approaches to our work. We have put together a brief [survey](#) to help assess what those needs look like to continue providing support. The successful work of our partners is vital to the safety and health of youth and we know it will carry into the post COVID-19 environment.

Sincerely,

Leslie Helmcamp  
Interim Executive Director  
Strengthening Chicago's Youth  
Injury Prevention and Research Center  
Ann & Robert H. Lurie Children's Hospital of Chicago

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## NEWSLETTER HIGHLIGHT

### PAACT I Got This!

*I Got This!*, a campaign to prevent underage alcohol use in Chicago teens, is a collaboration between the [Preventing Alcohol Abuse in Chicago Teens \(PAACT\)](#) coalition and [Ann & Robert H. Lurie Children's Hospital of Chicago](#). The campaign is grounded in significant research showing that most Chicago teens are NOT drinking, and most parents and guardians of Chicago teens ARE talking with their teens about alcohol use and setting down rules to prevent it. Unfortunately, the pressure to drink only increases as teens get older, and their parents tend to talk with them less often about drinking as they move through high school. *I Got This!* reaches Chicago youth and their parents and guardians to reinforce what they're already doing to prevent underage drinking, and to build resilience in Chicago teens to avoid drinking until they're old enough. *I Got This!* is part of a broader effort by Lurie Children's Hospital and PAACT to address underage drinking. PAACT is advising Chicago Public Schools (CPS) about ways to improve policies around alcohol and substance use. The goal of PAACT's school policy effort is to bring school substance use policies in alignment with recent reforms to reduce the use of punitive measures, such as suspension and expulsion, in favor of more holistic responses that keep students in school while addressing their social and emotional needs. PAACT's school policy strategy also includes providing guidance and resources to CPS on how to connect youth to intervention, treatment or other support services.



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### COMMUNITY-ENGAGED RESEARCH PARTNERSHIPS DURING COVID-19

Dialogues to Build Collective Knowledge

Join the [Alliance for Research in Chicagoland Communities](#) (ARCC) for a community dialogue about how to stay engaged as community-engaged research partners during the COVID-19 pandemic. Please bring your thoughts and share with the group as this will be an open forum for exchange.

Thursday, May 7, 2020  
10:00 am - 11:00 am  
Online



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### ILLINOIS CHILDHOOD TRAUMA COALITION

May Quarterly Meeting

The [Illinois Childhood Trauma Coalition](#) meeting's presenters are Carol Gall and Tierney Stutz. Carol, the Executive Director of Sarah's Inn, will be presenting on the additional challenges victims of domestic violence and their families are facing during the shelter in place. Tierney, the Deputy Director of the Division of Child Protection

Services for DCFS will be presenting on the effects of the shelter in place order as it relates to concerns for child maltreatment in Illinois.

Thursday, May 7, 2020  
12:30 pm - 1:30 pm  
Online



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## **DIGITAL DAY OF ACTION**

### Rally In Place

Join the [Illinois Gun Violence Prevention Coalition](#) and gather with coalition members from around Illinois to hear from prominent speakers, rally in place, and take meaningful action on digital platforms! Attendees will also be joined by elected officials, survivors, and leaders on gun violence prevention, including Former Congresswoman and Survivor Gabby Giffords.



Thursday, May 7, 2020  
10:30 am  
Online

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## **TRAUMA-INFORMED AWARENESS DAY TRAININGS**

### Two-Part Webinar Series

#### **Trauma and Trauma-Informed Care 101**

This [Illinois ACEs Response Collaborative](#) training includes an introduction to adverse childhood experiences, trauma, and trauma-informed practices, and it details how organizations in multiple sectors can integrate this knowledge for both staff and the communities they serve.

Wednesday, May 13, 2020  
11:00 am  
Online

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## Historical and Community Trauma: Connections to Current Outcomes

This [Illinois ACEs Response Collaborative](#) presentation provides an in-depth background on historical and collective trauma and how they impact health and social outcomes today.

Friday, May 15, 2020  
11:00 am  
Online

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## SCY ONLINE TRAINING

### The Firearms Restraining Order

This training will be focused on Illinois' "Red Flag Law", the Firearms Restraining Order. [Speak for Safety Illinois](#) will lead a conversation about: how the law works in Illinois, why these laws are so important during COVID-19, how implementation of these types of laws is going in other states, and how you can get involved in supporting implementation. This interactive training will be hosted by Peter Contos and Tami Tunnell, and will include ample opportunity for participants to ask questions about anything related to the FRO law and Speak for Safety Illinois.

Friday, May 15, 2020  
1:30 pm - 2:30 pm  
Online

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## SUBMIT A NOMINATION FOR THE 2020 AWARDS

### Looking for Something to Do to Brighten Your Day?

Nominate someone for the 2020 Awards who deserves special recognition for their work with Chicago children and youth! Helping children is hard, important work. That's why every year, [Bright Promises Foundation](#) recognizes those who demonstrate outstanding service and commitment to low-income and at-risk children in a professional and volunteer capacity.

### Deadline

Friday, May 15, 2020  
12:00 am (Midnight)  
Online



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## HOW TO LEAD THROUGH CRISIS IN A RESILIENCE-ORIENTED TRAUMA-INFORMED WAY

Online Workshop

General concerns and anxieties can be difficult to manage during the best of situations, but what happens when you are trying to manage them during an international pandemic and provide supportive leadership? This workshop will provide a brief overview on how anxiety can impact our general functioning, our functioning in crisis, and different strategies you can use to adapt your leadership style to minimize the impact of anxiety on your staff during this unprecedented time in our country and lives.

**NATIONAL COUNCIL**  
FOR BEHAVIORAL HEALTH

Monday, May 18, 2020  
1:00 pm  
Online

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## ICDP: THE BEST START FOR FAMILIES

A Health Equity Approach

The [Changing Children's Worlds Foundation](#) trains service providers as Facilitators and to use "The Best Start for Families" in their daily practice with families (parents and/or children). "The Best Start" is based on the International Child/Parenting Development Program (ICDP-USA), with an emphasis on building the protective factors of positive Family Relationships and Health Equity for all.

Thursday, May 21, 2020  
9:00 am - 4:45 pm  
Online

Friday May 22nd, 2020  
9:00 am - 4:45 pm  
Online

Friday, May 29, 2020  
9:00 am - 1:00 pm  
Online



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## COVID-19 HEALTH EDUCATION TEAM

### Community Partners

A group of 8 medical students have come together to provide health education on COVID-19 to the broader Chicago community. Through weekly online health presentations and shareable information sheets, they hope to empower individuals with accurate and up-to-date knowledge of the disease. Please sign up and they will contact you shortly. Thanks!

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## APPLICATION

### Substance Use Prevention Coalition (SUPC) Youth Advisory Board

The Substance Use Prevention Coalition (SUPC) is a network of organizations throughout the city of Chicago working to reduce underage drinking. Since this coalition has been running there hasn't been young people part of the coalition. As the coalition makes continuous improvements one opportunity was to have youth at the table to inform the coalition around underage drinking. The purpose of the SUPC youth committee is to focus on tactics and inform decisions around substance strategies of Alcohol/Drug Abuse prevention from the expertise of the young people. Young people will be compensated for their labor, compensation includes: meals, bus passes, and stipends. Young people must attend monthly meetings.

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## NEWSLETTER CONTENT

To have an event or article included in SCY's bi-monthly update, email Operations Coordinator [Kirstin Grabski](#).

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STAY CONNECTED:



Ann & Robert H. Lurie Children's Hospital of Chicago,  
225 E. Chicago Ave., Chicago, IL 60611

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