

August 5, 2020

Strengthening  
Chicago's  
Youth



## Letter from the Interim Executive Director

Greetings!,

This week, the SCY team is mourning the tragic loss of Caleb Reed -- a youth leader and advocate with our friend and partner **Voices of Youth in Chicago Education** (VOYCE). We continue our work to honor the legacy of Caleb and countless others who have lost their lives to gun violence. Yesterday, VOYCE held an event to honor his life and the change he fought so hard for. VOYCE shared that "*Caleb knew through his life and work that the bullet that took his life was not really stray - but the result of policies and programs that perpetuate institutional racism, trauma, and divestment from Black and Brown communities.*"

We urge everyone to keep working to end gun violence, racism and inequity for the kind of city that Caleb deserved.

Sincerely,

Leslie Helmcamp  
Interim Executive Director  
Strengthening Chicago's Youth  
Injury Prevention and Research Center  
Ann & Robert H. Lurie Children's Hospital of Chicago

---

---

## **BLOG HIGHLIGHT** **Using Art as Therapy While Navigating Chicago's Two Pandemics**

*This week's blog is written by SCY's Manager of Finance and Grants David Arzola.*

I, like most of us, have been trying to navigate and deal with the COVID-19 pandemic and the continuing harm of systemic racism that is going on right now. It has been a rough road for all of us. Initially a good walk or reading a good book helped, but as time moved on and things progressed, I found myself needing to pull from skills learned when taking Art Therapy courses a few years ago.

[READ MORE](#)

---

---

---

## ILLINOIS CHILDHOOD TRAUMA COALITION QUARTERLY MEETING

### August Convening

The next convening of the [Illinois Childhood Trauma Coalition](#) (ICTC) comes together to share updates and opportunities with the coalition. During this event, ICTC will plan to revisit conversations around a statewide peer support network, as well as to discuss the potential for an ad hoc committee for race and equity in the context of trauma.

Thursday, August 6, 2020  
12:00 pm - 1:00 pm  
Online



[LEARN MORE](#)

---

## ACTIVITIES & GAMES

### For Relationship Building in the Classroom

Online learning isn't better or worse than learning in-person...its different! If you're new to the online teaching/facilitation space or want to add to your bag of tricks, come learn how to support your participants to be engaged, avoid screen-multitasking, and connect meaningfully with each other. Learn how to facilitate check-ins and check-outs, activities for social-emotional learning, and intentional educational play!

Friday, August 7, 2020  
9:00 am - 11:30 am  
Online

[LEARN MORE](#)

---

## EMBEDDING EQUITY INTO EMERGENCY OPERATIONS

### Strategies During COVID-19 & Beyond

Hosted by [Public Health Institute's](#) Public Health Alliance of Southern California and BARHII, this webinar will explore the findings of a new report and feature four leading national equity leaders who are working to advance and embed equity into their own local emergency response structures.



Friday, August 7, 2020  
11:00 am - 12:30 pm  
Online

[LEARN MORE](#)

---

## 25TH ANNUAL WALK FOR PEACE 2020

Because Ending Violence is Up to All of Us

Join [Alliance of Local Service Organizations](#) (ALSO)'s 25th Annual Walk Virtual Walk for Peace! No one is free from the threat or act of violence until we are ALL free from the threat or act of violence. The Safe Streets team prevents community violence and intervenes to prevent violence from escalating. ALSO works hand-in-hand with people living in-risk of violence through mentorship, options, and direct services. Due to the coronavirus pandemic, attendees are unable to gather safely and walk for peace together, but can all take a walk individually and share pictures with one another. You can choose to walk, run, or jog around your neighborhood, on a treadmill, or your favorite trail.

Sunday, August 9, 2020  
10:00 am - 11:00 am  
Online



[LEARN MORE](#)

---

## SO, YOU WANT TO BE ANTIRACIST.

Now What?

If being antiracist means we have to rethink our most deeply held beliefs and biases, where do we even being? Join [Chicago Beyond](#) Founder and CEO Liz Dozier for a conversation with Ibram X. Kendi and Dr. Maurice Swinney to explore the next session in their series on becoming antiracist with tangible steps to rethink, unlearn, and act.



Monday, August 10, 2020  
1:00 pm - 2:00 pm  
Online

[LEARN MORE](#)

---

## **A WHOLE PERSON APPROACH**

### **Working with Individuals Who Are Living with Serious Mental Illness**

This webinar will discuss strategies for developing and implementing a whole person approach when serving individuals who are living with serious mental illness (SMI). Key considerations include access to basic needs and social determinants of health when treating and managing SMI; access to community-based supports to reduce barriers to resources; and access to peer support through Warm Lines and other crisis service systems.

Tuesday, August 11, 2020  
1:30 pm  
Online

[LEARN MORE](#)

---

## **HEALTHY PEOPLE 2030**

### **Launch Webcast**

Healthy People 2030 is a set of science-based, 10-year national objectives for improving health and well-being in the United States. During the webcast, speakers will highlight the new Healthy People 2030 goals and objectives and provide an overview of the development process. The web forum will also feature guest speakers from HHS who will discuss Healthy People 2030 data, social determinants of health, health equity, and more.

Tuesday, August 18, 2020  
12:00 pm  
Online

[LEARN MORE](#)

---

## **TRAUMA-INFORMED, RESILIENCE-ORIENTED CRISIS NAVIGATION**

### **Webinar**

As we continue to confront the long-term effects of isolation, social unrest and economic hardships brought about by the COVID-19 pandemic, our nation is also reckoning with promoting safety, well-being and healing exacerbated by trauma. Join the [National Council for a Behavioral Health](#) webinar exploring ways to visualize and assess the readiness of your staff to provide effective trauma-informed, resilience-oriented services and care.

Tuesday, August 18, 2020  
1:00 pm - 2:00 pm  
Online

**NATIONAL COUNCIL**  
FOR BEHAVIORAL HEALTH

[LEARN MORE](#)

---

## VOICES OF CHILD HEALTH IN CHICAGO REPORT

### Childhood Asthma in Chicago

In this [Voices of Child Health in Chicago Report](#), researchers at Ann & Robert H. Lurie Children's Hospital of Chicago examined childhood asthma in Chicago. Report highlights included the following: 16% of Chicago families has a child or children with asthma, which is higher than state and national childhood asthma rates; among families who had a child or children with asthma, 24% said their child had visited an emergency room urgent care center for asthma within the last year; and parents of children with asthma were less likely to use their local parks than other parents.



## Voices of Child Health in Chicago

[LEARN MORE](#)

---

### NEWSLETTER CONTENT

To have an event or article included in SCY's bi-monthly update, email Operations Coordinator [Kirstin Grabski](#).



---

STAY CONNECTED:



Ann & Robert H. Lurie Children's Hospital of Chicago,  
225 E. Chicago Ave., Chicago, IL 60611

[Forward this email](#) | [Update Profile](#) | [About our service provider](#)