

October 7, 2020

Strengthening  
Chicago's  
Youth



## Letter from the Interim Executive Director

Greetings!,

As we navigate through these challenging times, our partners' violence prevention work is more critical than ever. The CDC recently released their new **5-year plan** for violence prevention, including strategies that align with SCY's mission. Their three priority areas include: increasing the number of people exposed to proven prevention strategies, reducing adverse childhood experiences, and expanding the understanding of prevention of firearm-related injuries and deaths. By building bridges at national and local levels around these priorities, a safer, healthier future for all children is achievable.

Sincerely,

Leslie Helmcamp  
Interim Executive Director  
Strengthening Chicago's Youth  
Injury Prevention and Research Center  
Ann & Robert H. Lurie Children's Hospital of Chicago

---

## FEATURED ARTICLE: VOICES OF CHILD HEALTH IN CHICAGO REPORT

### How Healthy are Chicago Parents?

Parents' health is a topic closely connected to children's health, and research has shown that when parents are healthier and have healthy habits, their kids tend to be healthier and have healthy habits, too. Additionally, in previous reports one of Chicagoans' top concerns for youth health is how parents' health may impact their children's health. That's why in this Voices of Child Health in Chicago report, they diverge from their typical focus on child and adolescent health and instead focus on parent health.



Voices of Child Health in Chicago

[LEARN MORE](#)

[SCY'S WEBSITE](#)

[FUNDING OPPORTUNITIES](#)

[JOB POSTINGS](#)

[SCY'S BLOG](#)

[EVENT CALENDAR](#)

## STATE OF HEALTH OF CHICAGO 2020-2021

Understanding the Wealth Gap Helps Us Better Understand Social Determinants of Health and Health Disparities

The plenary session in a series of over 15 virtual learning sessions hosted by the [Institute of Medicine in Chicago](#) will pinpoint wealth disparities and its relationship to social determinants of health and ultimately persistent poor health outcomes. Health is an afterthought without housing. Wealth gap and health gaps will continue to widen as social determinants become more difficult to manage if change is not made in the future.



Thursday, October 8, 2020  
8:00 am - 9:00 am  
Online

[LEARN MORE](#)

## IN MY MIND CONFERENCE 2020

The Environment and Me

A free virtual global gathering where LGBTQ+ people of color discuss environmental issues impacting their mental health.

Thursday, October 8, 2020  
9:00 am - 5:00 pm  
Online

IN MY MIND  
CONFERENCE

[LEARN MORE](#)

## SYSTEMIC RACISM, HEALTH DISPARITIES AND COVID-19

### Leading through Complex Trauma with Resilience and Hope

How do seemingly unrelated but overwhelming global events connect to create complex trauma? How do we reckon with systemic racism, health disparities COVID-19 and the unprecedented social and economic stress impacting individuals, families and communities across cultures, generations, gender and racial groups? Join the [National Council for Behavioral Health](#)'s Behavioral Health Training Institute (BHTI) for Health Officials and the Association of State and Territorial Health Officials (ASTHO) to learn about the tools for supporting individuals as they develop healing and resiliency around complex trauma.

Thursday, October 8, 2020  
2:00 pm - 3:00 pm  
Online

**NATIONAL COUNCIL**  
FOR BEHAVIORAL HEALTH

[LEARN MORE](#)

---

## DEFINING EQUITABLE TRANSIT-ORIENTED DEVELOPMENT (ETOD) POLICY PLAN

### What is ETOD?

This event moderated by [Public Narrative](#) will define the ETOD Policy Plan. The ETOD Policy Plan was collaboratively developed by Elevated Chicago, city departments and leaders from community and citywide organizations. The proposed policy aims to lever tools of urban planning to address historic disinvestments in Black and Brown communities, and avoid displacement triggered by gentrification.

Thursday, October 8, 2020  
5:30 pm - 6:30 pm  
Online (via Zoom)



[LEARN MORE](#)

---

## TRANSLATIONAL APPLICATIONS IN PUBLIC HEALTH

### Public Health Practice in the Time of COVID-19

The Translational Applications in Public Health is a mini-series that is a collaboration between the [Institute for Public Health and Medicine](#) (IPHAM) and the Northwestern University Clinical and Translational Sciences (NUCATS) Institute.

Thursday, October 15, 2020  
12:00 pm  
Online (via Zoom)



[LEARN MORE](#)

---

## ICTC QUARTERLY CONVENING

### Online Event

Founded in 2005, the Coalition is made up of more than 120 public, private, clinical, research, advocacy and educational institutions. The [Illinois Childhood Trauma Coalition](#) is a voluntary collaboration of organizations that are committed to applying a trauma lens to their efforts on behalf of families and children in the state.

Thursday, October 15, 2020  
1:00 pm - 2:00 pm  
Online (via Zoom)



[LEARN MORE](#)

---

## INTERSECTIONALITY AT WORK

### Navigating Multiple Forms of Discrimination

In this [Boston University Center for Psychiatric Rehabilitation](#) event, employment lawyers answer questions about strategies for navigating multiple forms of discrimination in the workplace.

Monday, October 19, 2020  
12:00 pm - 1:00 pm  
Online

[LEARN MORE](#)

---

## FLU CLINIC SCHEDULE

### Schedule an Appointment

The [Chicago Department of Public Health](#) (CDPH) is hosting over 50 community flu clinics where Chicago residents can get their annual flu shot at no cost regardless of their immigration status.



[LEARN MORE](#)

## TRAUMA IN SCHOOLS

### A Toolkit for Educators and School Administrators Implementing Trauma Supports in Schools

This document was developed by attorneys and professionals from [Chicago Lawyers' Committee for Civil Rights Under Law](#). This toolkit's goal is to help educators meet the needs of students experiencing trauma. This toolkit also seeks, very intentionally, to dispel the common misconception around trauma-informed advocacy that teachers should behave as therapists.

[LEARN MORE](#)

## NEWSLETTER CONTENT

To have an event or article included in SCY's bi-monthly update, email Operations Coordinator [Kirstin Grabski](#).



STAY CONNECTED:



Ann & Robert H. Lurie Children's Hospital of Chicago,  
225 E. Chicago Ave., Chicago, IL 60611

