



## Letter from the Executive Director

Dear Strengthening,

Once again, we are on the heels of an important Election Day next Tuesday, November 8. The importance of elections has become more widely recognized in recent years; this one is no exception. SCY urges everyone to make their voice heard as children, families, and communities depend on voters to elect policymakers, officials, and judges who will keep them safe and invest in their future. Be sure to do your research using resources such as [Injustice Watch](#) and [League of Women Voters Chicago](#) to review candidates and ensure the best kind of future for Chicago and Illinois.

Sincerely,  
Leslie Helmcamp  
Executive Director  
Strengthening Chicago's Youth  
Patrick M. Magoon Institute for Healthy Communities  
Ann & Robert H. Lurie Children's Hospital of Chicago

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## FIREARM RESTRAINING ORDERS WEBINARS

### Illinois Attorney General's Office

Join the [Illinois Attorney General's Office](#) for a webinar that will cover who may seek a FRO, what the FRO prohibits, and the procedure to obtain both an emergency and a six-month FRO. The training is designed for individuals who encounter victims of violent crime throughout the judicial system, including court staff, crime victim advocates, service providers, and prosecutors.

Wednesday, November 2, 2022  
1:00 pm – 2:30 pm  
Online (via Zoom)

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November 17, 2022  
1:00 pm – 2:30 pm  
Online (via Zoom)

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December 9, 2022  
1:00 pm – 2:30 pm

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## PARENTING SUPPORTS PODCAST

### Empowering Parents

The Parenting Supports Podcast, sponsored by Strengthening Chicago's Youth is about all things parenting. Our goal is to empower our audience by providing information on topics relevant to parents' lives. You'll hear topics of self-care, trauma, and managing stress and anxiety while adjusting to a pandemic. Youth should listen if you are a parent, grandparent, caretaker, or community provider seeking to explore topics to improve parents' confidence. You will leave each episode with helpful information.



You can listen to the Parenting Supports Podcast on the [SCY website](#), [Apple Podcasts](#), [Spotify](#), [Google Podcasts](#), or your favorite podcast app. Be sure to subscribe and leave us a rate and review. If you have additional questions or feedback, please feel free to send us an email at [scy@luriechildrens.org](mailto:scy@luriechildrens.org).

### DONATE

Supporting the work of SCY helps to grow the capacity of our team, resources and effort. To make a contribution, visit our [donation page](#).

### NEWSLETTER CONTENT

To have an event or article included in SCY's monthly update, email Operations Coordinator [Kirstin Grabski](#).

 Ann & Robert H. Lurie  
Children's Hospital of Chicago



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