Strengthening Chicago's Youth



July 2024

Letter from the Executive Director

Dear SCY Partners,

Last week, the Office of the Surgeon General led by Dr. Vivek Murthy declared a public health crisis. This important recognition highlights the serious impact of gun violence on our communities and underscores the need for a united and strong response. We are hopeful that it will mean more research, funding, resources, and action at the national level to prevent such harm. We are also reminded of the incredible work of Ann Lurie, the namesake of our larger institution, who dedicated her life to supporting youth in Chicago. Her recent passing is a great loss, but her legacy continues to inspire us. Ann's commitment and contributions have significantly advanced our efforts to create safer and healthier neighborhoods. In honor of Ann Lurie and in light of this new declaration, let us strengthen our collaboration and redouble our efforts to combat gun violence. Together, we can build a future where every community in Chicago is free from the fear and harm caused by gun violence.

Leslie Helmcamp Executive Director Strengthening Chicago's Youth (SCY) Patrick M. Magoon Institute for Healthy Communities Ann & Robert H. Lurie Children's Hospital of Chicago

> SCY'S WEBSITE

JOB POSTINGS FUNDING OPPORTUNITIES

EVENTCALENDAR

National Minority Mental Health Awareness Month

National Disability Pride Month

July 4
Independence Day

THE TRACE'S SECOND SURVIVOR STORYTELLING WORKSHOP: Paid Opportunity

Last year, <u>The Trace</u> created the Survivor Storytelling Network - a program that recruited, paid, and trained survivors of gun violence to tell their own stories. Over the course of several months, survivors learned about storytelling and journalism basics, and were coached through a compassionate editing process. This year, they're bringing together a



new cohort of community members who feel ready to tell their stories.

Weds, July 3

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YOUTH EXPERIENCING HOUSING INSTABILITY 101: Two-Day Webinar

This <u>Illinois Collaboration on Youth</u> (ICOY) training provides supervisory and front-line staff working in DHS-funded Homeless Youth programs with the essential information they need to ensure effective practice and compliance with the program's regulations. Participants will learn how best to engage homeless youth and create the environments and programs that most effectively meet their needs.



Mon, July 8 and Tues, July 910:00 AM - 12:00 PM
Virtual (Zoom)

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THE IMPACT OF TRAUMA ON YOUTH: Training Event

During this **ICOY** training, attendees will explore and understand the impact of trauma on youth and clients. This will include learning about ACEs, brain development, and common childhood trauma responses and behaviors. Together, participants will discuss traumainformed care response strategies to build resilient youth, families, and staff. Two continuing education credits will be offered for this training.



Thurs, July 11 | 10:00 AM - 12:00 PM Virtual (Zoom)

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ADVANCING EQUITY WORKSHOP: Fundamentals to Support Your Journey

Understanding how to build an inclusive and equitable culture is the job of every leader within an organization. Creating an inclusive culture connected to the meeting mission in co-creating with communities across the country is essential in building a perfect union. As some voices push against a 'woke culture,' there is an ever-increasing need to continue to raise the banner for social justice on every front and build organizational capacity for advancing equity, diversity, and inclusion (EDI).



Tues, July 9, 16, and 25 11:00 AM - 2:00 PM Virtual

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YOUTH MENTAL HEALTH AND SOCIAL MEDIA: From Posting to Influencing

Parents, caregivers, and providers play an important role in guiding how teens use social media. But it can be hard to know where to start! How are youth developing their online

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HEALTHY MINDS = STRONG COMMUNITIES

presence? This live virtual event will explore what to expect when a young person posts online. This **National Council for Mental Wellbeing** webinar will explore safety and privacy concerns when sharing content on social media, what to know about various platforms, and how to talk to youth about social media in a way that encourages open conversation.

Weds, July 17 | 2:30 PM - 3:30 PM Virtual (Zoom)

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PROMOTING SOCIAL EQUITY: For Underrepresented Individuals in the Workforce

The experiences of people from historically underrepresented groups in the mental health and substance use treatment workforce are often impacted by their identities. For National Minority Mental Health Awareness Month, the National Council for Mental Wellbeing will focus on understanding how one's identity can play a role in their career path. Join this event for a powerful panel discussion where speakers will share their experiences navigating the workforce.

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Thurs, July 18 | 11:00 AM Virtual (Zoom)

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VICARIOUS TRAUMA: Training Event

During this <u>ICOY</u> training session, attendees will review the signs, symptoms, and risk factors of vicarious trauma. Participants will explore the stress responses that can be experienced and the best ways to support service providers. Participants will gain increased awareness and understanding of the potential impact of secondary trauma, while also gaining positive responses to vicarious trauma exposure.



Thurs, July 18 | 12:00 PM - 2:00 PM Virtual (Zoom)

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CULTURE & TRAUMA: Training Event

Trauma has context. That context oftentimes has cultural and historical roots. This ICOY training will explore the relationship between trauma and culture by looking specifically at populations who are at high risk for experiencing trauma and traumatic stress at the hands of the systems and society exist in. Additionally, participants will gain an understanding of the ways power and oppression impact individuals, communities, and access to resources.



Fri, July 19 | 10:00 AM - 12:00 PM Virtual (Zoom)

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In today's highly competitive talent market, retaining staff is a top priority—particularly in nonprofit and human services industries, which historically have high turnover rates. In this webinar, **Social Current** Strategic Industry Partner Marsh McLennan Agency will explore the critical role financial well-being plays in retaining employees and offer a strategic framework for organizations to achieve this goal effectively.



Weds, July 24 | 1:00 PM - 3:00 PM Virtual

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RESISTING RE-TRAUMATIZATION: Building Resilience and Collective Care in the Workplace

In this **ICOY** session, attendees will focus on the effects of re-traumatization, to empower participants to recognize, manage, and reduce signs and symptoms of re-traumatization in the workplace. Through interactive discussions and activities, participants will explore identifying personal triggers, and develop strategies for building resilience and fostering collective care.



Weds, July 31 | 12:00 PM - 2:00 PM Virtual (Zoom)

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SAFE STATES 2024: Annual Injury & Violence Prevention Conference

This **Safe States** event is the premiere event for injury and violence prevention professionals working across various settings to connect and learn from one another. For three days hundreds of professionals and advocates from state, local, and tribal health, hospitals and healthcare, research and academia. community-based organizations, and the federal government come together to share best practices and innovative solutions, discuss emerging issues and new research, and hone their competencies in IVP.



August 20-22 Hilton Portland Downtown921 SW Sixth Avenue Portland, OR 97204

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DOMESTIC VIOLENCE TRAINING: Let's End Domestic Violence

The Domestic Violence 40-hour training provides participants with the movement's philosophical and political framework and a solid foundation for supporting folks who experience violence. For confidential communication to be protected, the Illinois Domestic Violence Act (IDVA) requires that individuals working directly with survivors have a minimum of 40 hours of domestic violence training. This **Between Friends** training fulfills this requirement.



Aug 12 | Aug 14 | Aug 16 | Aug 23 In-Person | 9:30 AM - 4 PM

Aug 13 | Aug 19Virtual | 9 AM - 11:30 AM and 2:30 - 5 PM

Aug 15 | Aug 20 | Aug 21 | Aug 22 Virtual | 2:30 PM - 5 PM

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DONATE

Supporting the work of SCY helps to grow the capacity of our team, resources, and effort. To make a contribution, visit our donation page.

NEWSLETTER CONTENT

To have an event or article included in SCY's monthly update, please send an email to Operations Specialist <u>Kirstin Grabski</u>.











Ann & Robert H. Lurie Children's Hospital of Chicago | 225 E. Chicago Ave | Chicago, IL $\,$ 60611 US $\,$

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