



Letter from Leadership

Dear SCY Partners,

A recent study published in the Lancet highlights the complex challenges and negative impact of social media on adolescent mental health. Recent data shows that 36% of adolescents report being online almost constantly, and 11% struggle with addiction-like behaviors, including difficulty limiting screen time, withdrawal symptoms, and neglecting daily activities. This heavy use of digital platforms has raised concerns among public health leaders, including the U.S. Surgeon General, about social media's possible effects on the mental health of youth and adolescents.

Rates of mental health issues and self-harm among youth have risen over the past 15 years, influenced not only by social media but also by factors like poverty, economic inequality, and social dynamics, all of which must be addressed to improve adolescent well-being.

Focusing on social media's impact is essential, but it should not overshadow the need for other calls to action that help create healthier, more supportive communities for our young people. Additional resources on adolescent and mental health can be found **Adolescent Behavioral Health Program | Lurie Children's (luriechildrens.org)** or **Youth and Young Adult Resources | NAMI** .

Leslie Helmcamp
Executive Director
Strengthening Chicago's Youth (SCY)
Patrick M. Magoon Institute for Healthy Communities
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JOB
POSTINGS

FUNDING
OPPORTUNITIES

EVENT
CALENDAR

SCY'S
WEBSITE

National Native American Heritage Month

Veterans Day
November 11

National Injury Prevention Day
November 18

Transgender Day of Remembrance
November 20

Thanksgiving
November 26

WORKING WITH LGBTQIA+ YOUTH: Webinar

Please join **Illinois Collaboration on Youth** (ICOY) for an engaging training on coming out,

learning in, and everything in between with LGBTQIA+ youth. This interactive workshop will help workers know how to offer support to the “Alphabet” by identifying and discussing the unique stressors and needs of the community. You do not want to miss the chance to engage and be equipped to offer support to LGBTQIA+ youth.



Illinois
Collaboration
on Youth

Mon, Nov 4 | 9:30 AM - 12:30 PM
Online (via Zoom)

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ADVANCING EQUITY WORKSHOP: Fundamentals to Support Your Journey

During this three-part Social Current virtual workshop, participants will learn and engage in a safe environment, where they can ask questions and share reflections with their peers. Using Social Current’s three-prong approach to EDI (Person, Organization and Systems), the presenters will encourage participants to develop a deeper personal EDI journey, to build an inclusive work culture, and to become more aware of the systems that impact us all.



Weds, Nov 6 | 11:00 AM - 2:00 PM
Weds, Nov 13 | 11:00 AM - 2:00 PM
Weds, Nov 20 | 11:00 AM - 2:00 PM
Online

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PUBLIC PRIVATE PARTNERSHIP SERIES: Aligning Cross-Sector Efforts to Advance Racial Equity

Join Forefront’s Racial Equity Collective and Public Policy teams and the Illinois Office of Equity to learn more about official actions the State is taking to advance racial equity, including alignment across state offices and grantmaking entities and related goals and objectives.



Thurs, Nov 7 | 9:30 AM - 11:00 AM
Online

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REDUCING BARRIERS TOWARD HEALTH EQUITY: The Interface of Public Health and Academic Medical Institutions

The presentation will address ways in which academic medical and research institutions can support public health and health equity by fostering interdisciplinary and service learning opportunities, policy guidance, and community service.



Thurs, Nov 7 | 12:00 PM - 1:00 PM
Online (via Zoom)

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STREAMLINING DEMOGRAPHIC DATA COLLECTION: Webinar

Funders are increasingly requesting demographic data from nonprofits to better understand who they are—and are not—supporting. However, due to the lack of comprehensive and public demographic data available, this results in a heavy burden on nonprofits to provide the information in a variety of ways and formats. Demographics via Candid empowers nonprofits to share their demographic data one time, on their Candid profile, where it can be accessed and re-used by all.

Thurs, Nov 7 | 2:00 PM - 4:00 PM
Online

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VICARIOUS TRAUMA: Trauma Training

Throughout this session, **ICOY** will review the signs, symptoms, and risk factors of vicarious trauma, ensuring participants gain a comprehensive understanding of its impact. Together, explore the various stress responses experienced by service providers and identify effective ways to offer support. Participants will additionally discuss and explore insights into the potential impact of secondary trauma, burnout, and toxic stress equipped with positive responses to navigate vicarious trauma exposure effectively.



Fri, Nov 8 | 10:00 AM - 12:00 PM
Online (via Zoom)

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MOTIVATIONAL INTERVIEWING: Engaging Caregivers

Dr. Natalie Berger PhD will discuss the four principles of motivational interviewing, tips/strategies on how and who to employ these techniques. Early interventionists will gain tools on how to engage and connect with families that may be hesitant.



Fri, Nov 8 | 12:00 PM - 2:00 PM
Online (via Zoom)

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COMMUNITY RESEARCH: Learning Exchange

Join the **Alliance for Research in Chicagoland Communities** (ARCC) at Northwestern University for an event that offers a unique opportunity to connect and network with community organizations and academics while exploring community-driven research approaches. Whether you're a new applicant interested in ARCC's Seed Grants or a current/former grantee looking to apply for a different level of funding or link with other grantees, this exchange will provide valuable



Fri, Nov 8 | 12:00 PM - 3:00 PM
Lawndale Christian Health Center
3750 W. Ogden Ave.
Chicago, IL 60623

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insights, resources, and support to help you advance your community research capacity and partnerships.

A GATHERING OF COMMUNITIES: The Power of Our Stories for Collective Healing

Join **Communities United** (CU) for the annual conference, A Gathering of Communities: The Power of Our Stories for Collective Healing. At this event, CU will bring people together to build a movement for a healing-centered Chicago. Attend a fun, interactive, and inspiring conference that blends conversations, workshops, art, and food amongst youth, families, and community members from throughout the city.



Sat, Nov 9 | 9:00 AM - 2:00 PM
UIC Forum
1213 S. Halsted St. Chicago, IL 60607

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NATIONAL INJURY PREVENTION DAY: Kick Off Webinar

Dr. Lois Lee, MD, MPH Injury Free PI Boston, MA, and Former Board President and Dr. David Schwebel will be kicking off the 5th Annual National Injury Prevention Day "Unifying Voices 2024."



Tues, Nov 12 | 12:00 PM
Online (via Zoom)

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UNDERSTANDING IDENTITY, INTERSECTIONALITY, AND CULTURAL AWARENESS: Webinar

This **ICOY** training is designed to provide participants with a comprehensive understanding of identity, intersectionality, and cultural awareness. By exploring these concepts, participants will gain valuable insights into the diverse experiences and perspectives of individuals and communities. This knowledge is essential for fostering an inclusive and respectful environment in with supporting program participants.



Weds, Nov 13 | 9:30 AM - 11:30 AM
Online (via Zoom)

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EARLY RELATIONAL HELP: Advancing a Developmental and Relational Framework for Supporting Families with Young Children

An emerging field, the Early Relational Health seminar will discuss several fundamental theories of change that drive early relational development and more adeptly inform interventions that support the development of early relational health. The keynote speaker is



Thurs, Nov 14 | 9:00 AM - 12:30 PM
University of Illinois - Chicago
750 S. Halsted St, Chicago, IL

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Dr. Dorothy T. Richardson, Ph.D., IECMH-E, a clinical and developmental psychologist who is an authority on the topic.

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LEGAL TRAINING FOR PRACTITIONERS: Working with Youth in Crisis

Please join **ICOY**'s legal training to review best practices for working with youth and families in the context of an agency's legal responsibilities. Address decision-making authority and the various players, juvenile justice laws, and intersecting legal proceedings, crisis situations, and responses, rights of minors without parental consent, and legal guidelines for case managers.



Thurs, Nov 14 | 9:30 AM - 3:30 PM
Online (via Zoom)

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CULTURE AND TRAUMA: Training

This **ICOY** training will explore the relationship between trauma and culture through examining the ways power and oppression impact individuals, communities, and access to resources. Additionally, participants will gain insight into how historical and transgenerational trauma can shape our familial and communal systems and experiences.



Thurs, Nov 14 | 1:00 PM - 3:00 PM
Online (via Zoom)

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THE 2024 ELECTION AND THE PATH AHEAD: Virtual

In a year in which immigrants have been openly and regularly denigrated for cynical partisan purposes, the 2024 election has immigrants and their families understandably worried. Please join **Forefront**, Grantmakers Concerned with Immigrants and Refugees (GCIR), movement organizations, and funders for a post-election debrief and discussion about these new realities, what strategies are already being put into play, and more.



Tues, Nov 19 | 11:30 AM - 1:00 PM
Online

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2ND ANNUAL GUN VIOLENCE PREVENTION EXPO 2024: Legacy of Leadership

The goal of the **Strides for Peace** Gun Violence Prevention Expo is to bring together resource providers, civic partners, public officials, community organizations, and those for whom making Chicago a safer city is a top priority. The Expo is designed to build a collective impact approach across leaders, communities, and the sectors they represent.



Thurs, Nov 21 | 10:00 AM - 5:00 PM

UIC Dorim Forum
725 W. Roosevelt Road
Chicago, IL 60608

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FORGING NEW FRONTIERS: Engineering for Equity

The 29th Annual Conference of the [Injury Free Coalition for Kids](#) is the premier injury prevention meeting to foster collaborative research, develop best practices, and address challenges in the field of pediatric injury prevention. It will provide participants with an opportunity to expand knowledge in the field of injury prevention, encourage and disseminate injury prevention research, and more.



Dec 6-8 | Embassy Suites by Hilton
Ft. Lauderdale, FL

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2024 NATIONAL RESEARCH CONFERENCE: For the Prevention of Firearm-Related Harms

The 2024 National Research Conference for the Prevention of Firearm-Related Harms will highlight the current state of science and research on firearm injury prevention across the lifespan. This event is organized by [The Research Society for the Prevention of Firearm-Related Harms](#).



Dec 9-11 | Seattle, WA

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MOVING FORWARD: Innovations and Strategies in Injury Prevention

Join for this year's [Midwest Injury Prevention Alliance](#) Conference, as injury professionals from states in Federal Health and Human Services Region V (IL, IN, MI, MN, OH, and WI) gather to work toward reducing injury and violence-related death and disability.



Mon, Dec 16 | 8:30 AM - 3:30 PM
Online (via Zoom)

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SURVIVORS OF GUN VIOLENCE: Empowering Survivors, Building Community

[Access Living's](#) Disabled Survivors of Gun Violence Program provides comprehensive support tailored to the unique needs of survivors who are now living with disabilities.



Monthly, 1-hour sessions

Whether newly injured or having lived with an injury for years, Access Living is here to help survivors thrive.

Access Living
115 W. Chicago Ave.
Chicago, IL 60654

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DONATE

Supporting the work of SCY helps to grow the capacity of our team, resources, and effort. To make a contribution, visit our [donation page](#).

NEWSLETTER CONTENT

To have an event or article included in SCY's monthly update, please send an email to scy@luriechildrens.org.

 Ann & Robert H. Lurie
Children's Hospital of Chicago



Ann & Robert H. Lurie Children's Hospital of Chicago | 225 E. Chicago Ave | Chicago, IL 60611 US

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